

THE FIRST AND ONLY

CLUBFOOT ACHILLES TENOTOMY (CAT) KIT

WishBone Convenience Kits: Sterile Packed, Ready to Go

Designed to streamline an Achilles tenotomy procedure from start to finish, the complete Clubfoot Achilles Tenotomy (CAT) Kit comes sterile packed and provides all of the necessary surgical items needed to complete the procedure. By eliminating the 'scavenger hunt' for various components, the WishBone Convenience Kits can potentially induce cost savings, help reduce the risk of infection and improve hospital/surgical efficiencies¹.



Developed with Dr. John Herzenberg

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CAT Kit

CLUBFOOT ACHILLES TENOTOMY

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More than 100,000 babies are born around the world each year with clubfoot—one of the most prevalent congenital deformities to date, with approximately 80% of cases seen in developing countries.² Serial manipulation and casting come closest to achieving effective treatment, so that the child's feet will be functional and pain-free with full mobility.²

About 90% of children who undergo Ponseti method treatment for clubfoot still have an abnormally tight Achilles tendon after the casting process is complete.³ A pediatric orthopedic surgeon can correct the problem with an outpatient Achilles tenotomy procedure to improve dorsiflexion of the foot, avoiding extensive surgery.

Tenotomy corrects the rigid equinus with a complete cut through the Achilles tendon. This is important as the collagen of the Achilles tendon is more restrictive than the joint capsule, and ligaments do not respond as well to lengthening.⁴ The tendon heals rapidly, within three weeks post-surgery.²



ITEM DESCRIPTION	QTY IN KIT
Scalpel Handle Dissector	1
Mini Blade #6400	1
Mini Blade #6700	1
17" x 24" OR Towel	4
1% Lidocaine, 5ml	1
3cc Syringe Leur Lock	1
25-Gauge Needle	1
Curved Strabismus Scissors, 4.5"	1
Curved Mosquito Clamp, 3.5"	1
Needle Holder, 5"	1
4" x 4" Gauze 12 Ply	6
Chloraprep, 3ml	2
Adhesive Bandage, 3/4" x 3"	2
Neosporin Ointment, 0.9cc	1
Medium Exam Gloves (Nitrile PF)	2
Large Exam Gloves (Nitrile PF)	2
Wrap Poly 30X30	1
Tray 9X5X2	1

1. Apurva Shah, MD, MBA. The Value Proposition of Single-Use Sterile Procedure Kits. May 2021
2. Pulak S, Swamy M. Treatment of idiopathic clubfoot by ponseti technique of manipulation and serial plaster casting and its critical evaluation. Ethio J Health Sci. 2012; 22(2):77–84. 2.
3. Alves C, Escalda C, Fernandes P, Tavares D, Neves MC. Ponseti method: does age at the beginning of treatment make a difference?. Clin Orthop Relat Res. 2009;467(5):1271–1277. doi:10.1007/s11999-008-0698-1
4. Africa Clubfoot Training Project. Chapter 7 Africa Clubfoot Training Basic & Advanced Clubfoot Treatment Provider Courses - Participant Manual. University of Oxford: Africa Clubfoot Training Project, 2017.

Convenience kit manufactured by CPT Medical, Inc.
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