

## THE FIRST AND ONLY

## CLUBFOOT ACHILLES TENOTOMY (CAT) KIT

WishBone Convenience Kits: Sterile Packed, Ready to Go

Your team aims to provide optimal treatment and care to every patient who needs it—when they need it. This is made possible when surgeons and supporting staff are equipped to work efficiently.

Designed to streamline an Achilles tenotomy from start to finish, the complete Clubfoot Achilles Tenotomy (CAT) Kit comes sterile packed and provides all of the medical and surgical items needed for surgery. By eliminating the 'scavenger hunt' for various components, these convenience kits enable teams to devote time where it matters most.







Developed with Dr. John Herzenberg

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## **CAT**Kit

## CLUBFOOT ACHILLES TENOTOMY

More than 100,000 babies are born around the world each year with clubfoot—one of the most prevalent congenital deformities to date, with approximately 80% of cases seen in developing countries.¹ Serial manipulation and casting come closest to achieving effective treatment, so that the child's feet will be functional and pain-free with full mobility.¹

About 90% of children who undergo Ponseti method treatment for clubfoot still have an abnormally tight Achilles tendon after the casting process is complete.<sup>2</sup> A pediatric orthopedic surgeon can correct the problem with an outpatient Achilles tenotomy procedure to improve dorsiflexion of the foot, avoiding extensive surgery.

Tenotomy corrects the rigid equinus with a complete cut through the Achilles tendon. This is important as the collagen of the Achilles tendon is more restrictive than the joint capsule, and ligaments do not respond as well to lengthening.<sup>3</sup> The tendon heals rapidly, within three weeks post-surgery.<sup>1</sup>

ITEM DESCRIPTION	QTY
Scalpel Handle Dissector	1
Mini Blade #6400	1
Mini Blade #6700	1
Mini Blade #6900	1
17" x 24" OR Towel	4
1% Lidocaine, 5ml	1
3cc Syringe Leur Lock	1
25-Gauge Needle	1
Metz Curved 5.5" Scissors	1
Curved Mosquito Clamp, 3.5"	1
4" x 4" Gauze 12 Ply	6
Chloraprep, 3ml	2
Adhesive Bandage, 1" x 3"	2
Antibiotic Ointment, 0.9cc	1
Medium Exam Glove (Purple, Nitrile PF)	2
Large Exam Glove (Green, Nitrile PF)	2
Wrap Poly 30X30	1
Tray 9X5X2	1
Webril 2"X4Yd	1



Alves C, Escalda C, Fernandes P, Tavares D, Neves MC. Ponseti method: does age at the beginning of treatment make a difference?. Clin Orthop Relat Res. 2009;467(5):1271–1277. doi:10.1007/s11999-008-0698-1
Africa Clubfoot Training Project. Chapter 7 Africa Clubfoot Training Basic & Advanced Clubfoot Treatment Provider Courses - Participant Manual. University of Oxford: Africa Clubfoot Training Project, 2017.





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